

Week of Noach

B"H

Parshah Power

By Ari & Sarah



COL LIVE | Promo Version

Dear reader,

“Parshah Power” is a new weekly series that aims at teaching important life lessons gleaned from the Parshah of the week.

Each week, we will choose one lesson that is at the core of the Torah portion and present a story which will depict that lesson in a fun and child friendly way. Best of all, there will be coloring pages to go along with it!

We hope you will enjoy the weekly Parshah Power. If you have a suggestion for a future lesson, please share!

For more info or to sign up, visit ParshahPower.com or email parshahpower@gmail.com

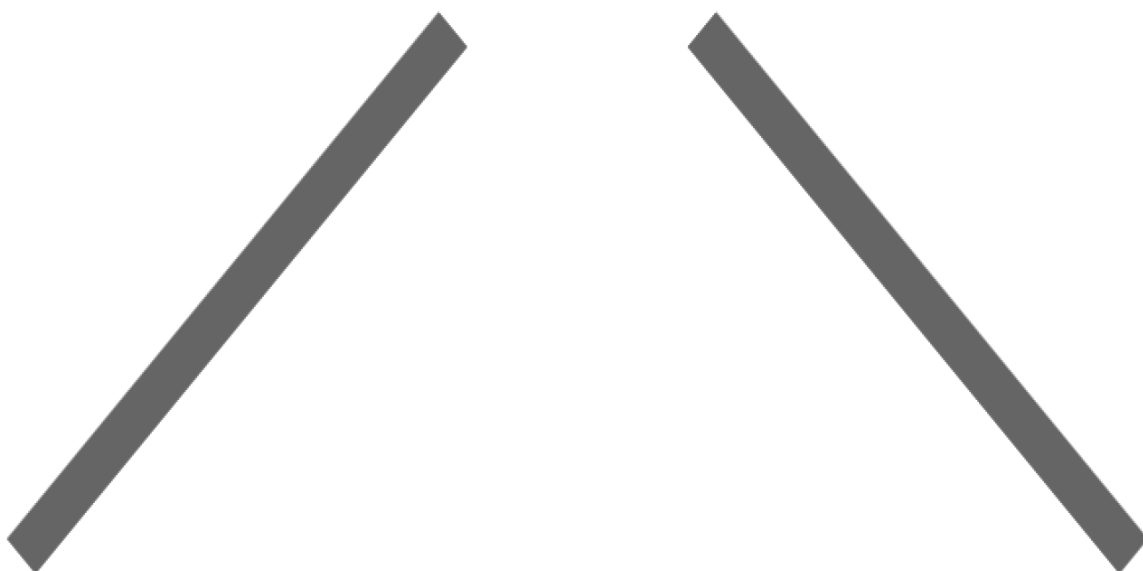
**See you next week,
The Parshah Power team**

This week's lesson

In this weeks Parshah, Noach is told that he must seal himself and his family in the Teivah (Ark).

While this story happened more the four thousand years ago, the message of this story talks to us today.

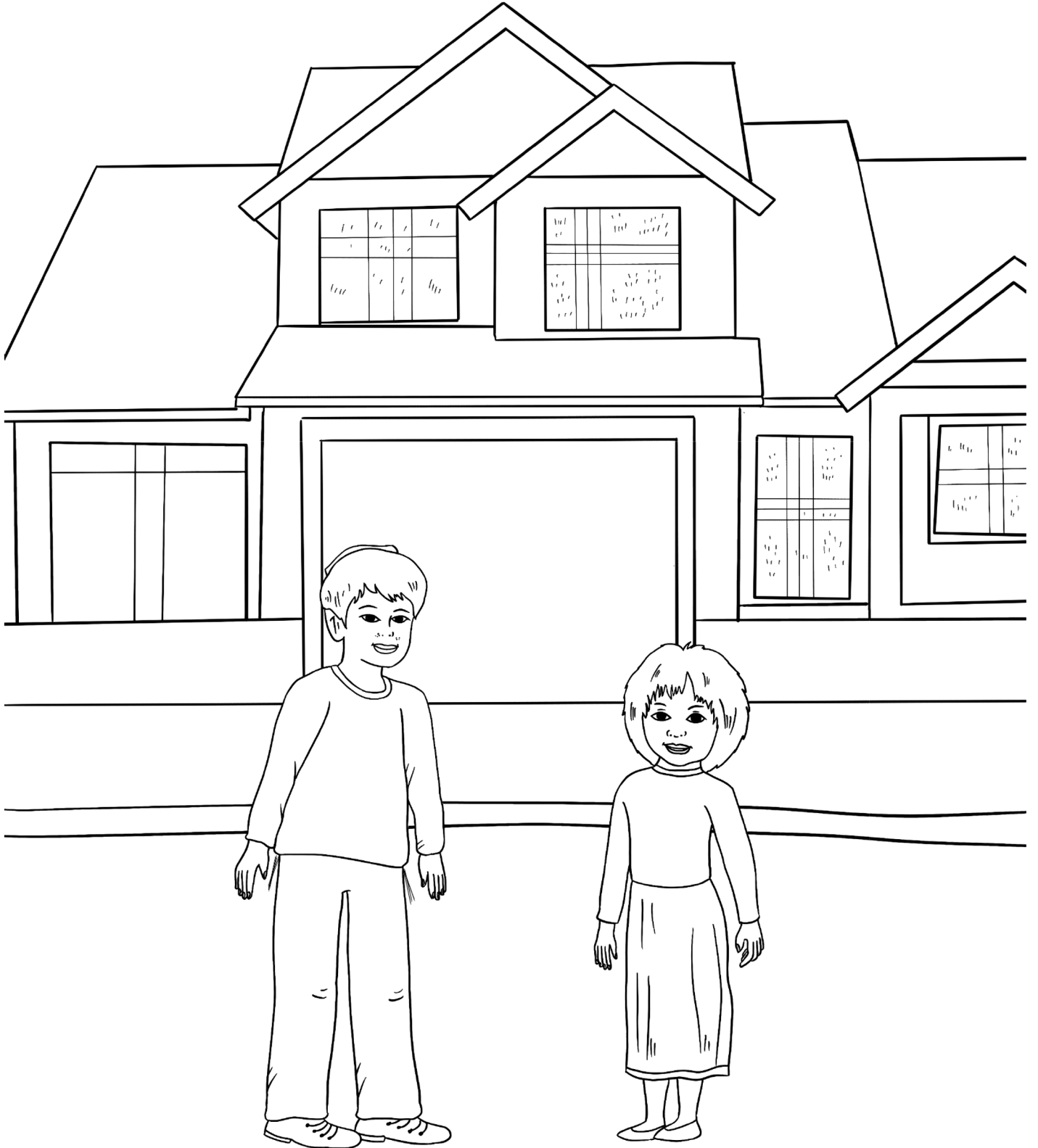
The stormy waters are the storms of life; all the many things that make us feel overwhelmed and stressed. The Ark is the safety provided by Torah, Mitzvos, & community.



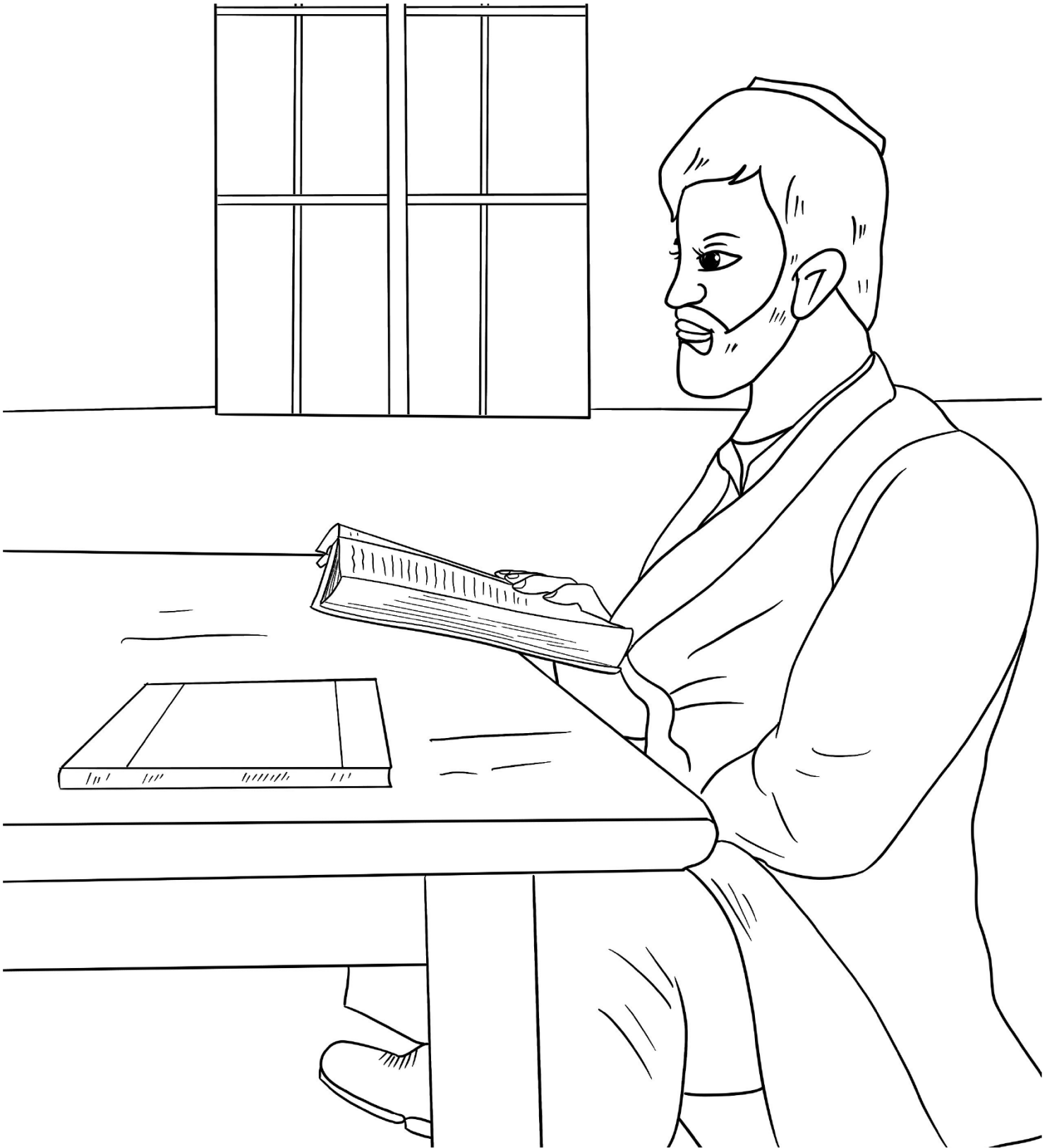
“Daddy” said Ari.

“Why are you covering the windows with boards of wood?

Is something wrong? Is something not good”?



**So we all need a Teivah; we all need an ark,
So we can float above the “storm” and keep away the dark.
When we learn Torah all our problems fall behind ,
Its like a huge saferoom for our heart and mind.**



**And when we daven it gets us out of any mess,
Its like we get to follow Hashem's GPS.**

**So when things get hard in life and you don't know what to do,
Jump into your Teiva– The Torah– its safety for every Jew!**

